

t*Fkwå&edum,f
t*kFwådK&fygVdawmf
jrefrmjyef
'ouedygwf

earm wó b*0awm t&[awm or®morÁK'´ó/

1-yXr yPÖmou

1-yXr okwfig;q,f

1-tmedoHo0*f 1-udrw¬d,okwf

1/ tuREfkyfonf podkY Mum;emcJh&ygonf-
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raumif;aom tqif;&Sdaom BuD;aom (uodkPf;)
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xkdtbdbm ,wepsmefü NiD;aiGUaomf jrwfaompsmefü
wyfjcif; uif;\? ,kwfnHhaom psmeüum; tb,f qkdzG,f&m
&SdtHhenf;/ (5)

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(6)

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£od'wåtrnf&Sdaom tuREkfyf\ tzkd;onfum;
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rusifhol jzpfyg\? xkdtzkd;onfvnf;
aovGefonf&Sdaomf]]ou'g*grdzkdvfodkY a&mufvsuf
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a[mMum;awmfrltyfaom pw&m;ukd
odtyfygoenf;? ,if;w&m;ü
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jrwfaomtusifh&SdolESifh (ra&SmifMuOfri)
jrwfaomtusifhr&Sdol pESpfOD;wdkYonf wrvGefb0ü
xyfwlnDrQ vm;&m]*wd} &SdMuygukef\k
(avQmufygonf)/ toQifbk&m; podkY avQmufaomtcg
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[k ajzqkdvdkufyg onf[k (avQmuf\)/

tmeE´m rd*omvmOygodumronf tb,f (trsKd;tpm;)
enf;? rkdufaom rvdr®maom rdef;rom jzpf\?
rdef;rÓPfom &Sd\? a,mufsm;yk*¾KdvfwdkY\ £a`E
´tEkt&ifhukd odwwfaom £NE´d,ya&my&d, ÓPfü
(tydwftyif twm;tqD;r&Sdukefaom
jrwfpGmbk&m;wdkYonf) tb,fodkYaom
yk*¾KdvfwdkYenf;/

tmeE´m pyk*¾Kdvfq,frsKd;wdkYonf avmuü
xif&Sm;&Sdukef\? tb,f q,frsKd;wdkYenf;[lrl- tmeE´m
pavmuü tcsKdUaomolonf oDvr&Sd? xkdol\ oDvr&Sdrl\
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onfukd) rjyKtyf? ynmjzifhvnf; (odoifhonfukd)
xkd;xGif;í rod? tcgtm;avsmfpGm jzpfaom
vGwfajrmufri]0drkwåd} ukdvnf; r&? xkdolonf
cE¨mukd,fysufpD;í aoNyD;onfrSaemufü qkwf,kwf
&efomjzpfí xl;jrwf&ef rjzpf? qkwf,kwfonfh
tjzpfodkYomvQif a&muf\? xl;jrwfonfh tjzpfodkY
ra&muf/(1)

tmeE´m tcsKdUaomolonfum; oDvr&Sd? xkdol\
xkdoDvr&Sdrl\ t<uif;rjhcsKyf&m vGwf
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(jyKoifhonfukd) jyK\? tMum;tjrifjzifhvnf; (jyKoifh
onfukd) jyK\? ynmjzifhvnf; (odoifhonfukd) xkd;xGif;í
od\? tcgtm;avsmfpGm vGwf ajrmufrl]0drkwåd} ukdvnf;
&\? xkdolonf cE`mukd,fysufpD;í aoNyD;onfrS
aemufü xl;jrwf&ef om jzpf\? qkwf,kwf&ef rjzpf?
xl;jrwfonfh tjzpfodkYomvQif a&muf\? qkwf,kwfonfh
tjzpfodkY ra&muf/ (2)

tmeE´m xkdyk³/₄KdvfESpfa,mufwdkYü
Eldif;&Snfhwwfaom
yk³/₄KdvfwdkYonf-]]pyk³/₄Kdvftm;vnf;
xkdw&m;wdkYyif &Sdukef\? tjcm;yk³/₄Kdvftm;vnf;
xkdw&m;wdkYyif &Sdukef\? (odkYjzpfygvuf) tb,f
aMumifh xkdESpfa,mufwdkYwGif wpfa,mufu
(*kPftm;jzifh) ,kwfí wpfa,mufurl (*kPftm;jzifh)
jrwfygoenf;[k Eldif;&Snfhukef\ tmeE´m xkdodkY
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(odoifhonfukd) xkd;xGif;í od\? tcgtm;avsmfpGm
vGwfajrmufrl]0drkwåd} ukdvnf; &\ tmeE´m
pyk³/₄Kdvfonf xkda&S;yk³/₄Kdvf xuf omvGefívnf;
ESpfoufzG,f&Sd\? omvGefívnf; rGefjrwf\?
xkdodkYjzpfjcif;onf tb,f aMumifhenf;? tmeE´m
pyk³/₄Kdvfukdom (OdyóemÓPf) w&m;tvsofonf
(t&d,mbHkodkY) aqmif,loGm;\? xkdtaMumif;ukd
jrwfpGmbk&m;rSwpfyg; tb,folonf odEkdif&mtHhenf;?
tmeE´m xkdkYaMumifh yk³/₄KdvfwkdUü
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Eldif;&Snfhrlukd r,lMuukefvifh? tmeE´m
yk*³/₄KdvfwdkYü Eldif;&Snfhrlukd ,lolonf
(rdrdukd,fukd) wl;NzKdonf rnf\? tmeE´m igaomf
vnf;aumif;? igESifhwlaomolaomfvnf;aumif;
yk*³/₄KdvfwdkYü Eldif;&Snfhrlukd ,l&mV tmeE´m
pavmuü tcsKdUaom yk*³/₄Kdvfonf oDv&Sd\? xkdol\
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vGwfajrmufaom]t&[wåzkdvf} ynmukdum;
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onfukd) rjyKtyf? ynmjzifhvnf; (odoifhonfukd)
xkd;xGif;í rodtyf? tcgtm;avsmfpGm
vGwfajrmufri]0drkwåd}ukdvnf; r&? xkdolonf
cE¨mukd,fysufpD;í aoNyD;onfrSaemufü qkwf,kwf
&efom jzpf\? xl;jrwf&ef rjzpf? qkwf,kwfonfh
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(3)

tmeE´m pavmuü tcsKdUaom yk*³/₄Kdvfonf
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vGwfajrmufaom]t&[wåzkdvf} ynmukdvnf;[kwfwkdif;
rSefpGm od\? xkdolonf Mum;emrljzifhvnf;
(jyKoifhonfukd) jyK\? tMum;tjrifjzifhvnf; (jyKoifh
onfukd) jyK\? ynmjzifhvnf; (odoifhonfukd) xkd;xGif;í
od\? tcgtm;avsmfpGm vGwfajrmufri]0drkwåd}
ukdvnf; &\? xkdolonf cE¨mukd,fysufpD;í aoNyD;onfrS
aemufü xl;jrwf&efom jzpf\? qkwf,kwf&ef rjzpf?
xl;jrwfonfh tjzpfodkYom a&muf\? qkwf,kwfonfh
tjzpfodkY ra&muf/ (4)

tmeE´m xkdyk*³/₄KdvfESpfa,mufwdkYü
Eldif;&Snfhwwfaom yk*³/₄KdvfwdkYonf
Eldif;&SnfhukefV/y/ tmeE´m igaomfvnf;aumif;?
igESifhwlolaomfvnf;aumif; yk*³/₄KdvfwdkYü

Edlif;&Snhrlukd ,l&m\ tmeE´m pavmuü tcsKdUaom
yk^{*3/4}Kdvfonf xufaom &m*&Sd\? xkdol\ xkd&m*\
t<uif;rJhcsKyf&m vGwfajrmufaom]t&[wåzkdvf}
pdwfESifh vGwfajrmufaom]t&[wåzkdvf} ynmukd vnf;
[kwfwkdif; rSefpGmrod/ xkdolonf Mum;emrljzifhvnf;
(jyKoifhonfukd) rjyKtyf? tMum;tjrifjzifhvnf;
(jyKoifhonfukd) rjyKtyf? ynmjzifhvnf; (odoifhonfukd)
xkd;xGif;í rodtyf? tcgtm;avsmfpGm
vGwfajrmufri]0drkwåd} ukdvnf; r&? xkdolonf
cE¨mukd,fysufpD;í aoNyD;onfrS aemufü
qkwf,kwf&efom jzpf\? xl;jrwf&ef rjzpf? qkwf,kwfonfh
tjzpfodkYom a&muf\? xl;jrwfonfh tjzpfodkY ra&muf/
(5)

tmeE´m pavmuü tcsKdUaom yk^{*3/4}Kdvfonf xufaom
&m*&Sd\? xkdol\ xkd&m*\ t<uif;rJhcsKyf&m
vGwfajrmufaom]t&[wåzkdvf} pdwfESifh
vGwfajrmufaom]t&[wåzkdvf} ynmukdum;
[kwfwkdif;rSefpGm od\? xkdolonf Mum;emrljzifhvnf;
(jyKoifhonfukd) jyK\? tMum;tjrif jzifhvnf;
(jyKoifhonfukd) jyK\? ynmjzifhvnf; (odoifhonfukd)
xkd;xGif;í od\? tcg tm;avsmfpGm
vGwfajrmufri]0drkwåd} ukdvnf; &\? xkdolonf
cE¨mukd,fysufpD;í aoNyD;onfrS aemufü xl;jrwf&efom
jzpf\? qkwf,kwf&ef rjzpf? xl;jrwfonfh tjzpfodkYom
a&muf\? qkwf,kwfonfh tjzpfodkY ra&muf/ (6)

tmeE´m xkdyk^{*3/4}KdvfESpfa,mufwdkYü
Eldif;&SnhwwfolwdkYonf Eldif;&Snhukef\y/ tmeE´m
igaomf vnf;aumif;? igESifhwlolaomfvnf;aumif;
yk^{*3/4}KdvfwdkYü Edlif;&Snhrlukd ,l&m\ tmeE´m
pavmuü tcsKdUaom yk^{*3/4}Kdvfonf trsufxGuf\? xkdol\
xkdtrsufxGufri\ t<uif;rJhcsKyf&m
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(jyKoifhonfukd) rjyKtyf? tMum; tjrifjzifhvnf;
(jyKoifhonfukd) rjyKtyf? ynmjzifhvnf; (odoifhonfukd)
xkd;xGif;í rodtyf? tcgtm;avsmfpGm
vGwfajrmufrlukdvnf; r&? xkdolonf cE``mukd,fysufpD;í
aoNyD;onfrS aemufü qkwf,kwf&efom jzpf\? xl;jrwf&ef
rjzpf? qkwf,kwfonfh tjzpfodkYom a&muf\? xl;jrwfonfh
tjzpfodkYra&muf/ (7)

tmeE´m pavmuü tcsKdUaom yk^{*3/4}Kdvfonf
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vGwfajrmufaom]t&[wåzkdvf} ynmukdum;
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(jyKoifhonfukd) jyK\? tMum;tjrif jzifhvnf;
(jyKoifhonfukd) jyK\? ynmjzifhvnf; (odoifhonfukd)
xkd;xGif;í od\? tcgtm;avsmf pGm
vGwfajrmufri]0drkwåd} ukdvnf; &\? xkdolonf
cE``mukd,fysufpD;í aoNyD;onfrSaemufü xl;jrwf&efom
jzpf\? qkwf,kwf&ef rjzpf? xl;jrwfonfh tjzpfodkYom
a&muf\? qkwf,kwfonfh tjzpfodkY ra&muf/ (8)

tmeE´m xkdyk^{*3/4}KdvfESpfa,mufwdkYü
Eldif;&SnfhwwfolwdkYonf Eldif;&Snfhukef\y/ tmeE´m
igaomf vnf;aumif;? igESifhwlolaomfvnf;aumif;
yk^{*3/4}KdvfwdkYü Edlif;&Snfhrlukd ,l&m\ tmeE´m
pavmuü tcsKdUaom yk^{*3/4}Kdvfonf ysHUvGifh\? xkdol\
xkdysHUvGifhrl\ t<uif;rjh csKyf&m
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(jyKoifhonfukd) rjyKtyf? ynmjzifhvnf; (odoifhonfukd)
xkd;xGif;í rodtyf? tcg tm;avsmfpGm
vGwfajrmufri]0drkwåd} ukdvnf; r&? xkdolonf
cE``mukd,fysufpD;í aoNyD;onfrS aemufü
qkwf,kwf&efom jzpf\? xl;jrwf&ef rjzpf? qkwf,kwfonfh

tjzpfodkYom a&muf\? xl;jrwfonfh tjzpfodkY ra&muf/
(9)

tmeE´m pavmuü tcsKdUaom yk^{*3/4}Kdvfonf
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vGwfajrmufaom]t&[wåzkdvf} ynmukdum;
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(jyKoifhonfukd) jyK\? tMum;tjrifjzifhvnf;
(jyKoifhonfukd) jyK\? ynmjzifhvnf; (odoifhonfukd)
xkd;xGif;í od\? tcgtm;avsmfpGm vGwf
ajrmufri]0drkwåd} ukdvnf; &\? xkdolonf
cE`mukd,fysufpD;í aoNyD;onfrS aemufü xl;jrwf&efom
jzpf\? qkwf,kwf&ef rjzpf? xl;jrwfonfh tjzpfodkYom
a&muf\? qkwf,kwfonfhtjzpfodkY ra&muf/ (10)

tmeE´m xkdyk^{*3/4}KdvfESpfa,mufwdkYü
Eldif;&Snfhwwfaom
yk^{*3/4}KdvfwdkYonf-]]pyk^{*3/4}Kdvftm;vnf;
xkdw&m;wdkYyif &Sdukef\? tjcm;yk^{*3/4}Kdvftm;vnf;
xkdw&m;wdkYyif &Sdukef\? (odkYjzpfygvsvuf) tb,fh
aMumifh xkdESpfa,mufwdkYwGif wpfa,mufu
(*kPftm;jzifh) ,kwfí wpfa,mufu (*kPftm;jzifh)
jrwfygoenf;[k Eldif;&Snfhukef\ tmeE´m xkdodkY
Eldif;&Snfhjci;onf xkdolwdkYtm; MumjrifhpGm
pD;yGg; rjh&ef qif;&J&ef jzpf\ tmeE´m
xkdyk^{*3/4}KdvfESpfa,mufwdkYwGif tMuifolonf
ysHUvGifh\? xkdol\ xkdysHUvGifhrl\ t<uif;rjhcsKyf&m
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(jyKoifhonfukd) jyK\? ynmjzifhvnf; (odoifhonfukd)
xkd;xGif;í od\? tcgtm;avsmfpGm
vGwfajrmufri]0drkwåd} ukdvnf; &\ tmeE´m
pyk^{*3/4}Kdvfonf xkda&S;yk^{*3/4}Kdvfxuf omívnf;

ESpfoufzG,f&Sd\? omívnf; rGefjrwf\?
xkdodkYjzpfjcf;onf tb,fhaMumifhenf;? tmeE´m
pyk³/₄Kdvfukdom (OdyóemÓPf) w&m;tvSOfonf
(t&d,mbHkodkY) aqmif,loGm;\? xkdtaMumif;ukd
jrwpfGmbk&m;rSwpfyg; tb,folonf odEkdif&mtHhenf;?
tmeE´m xkdkYaMumifh yk³/₄Kdvf wkdUü
Eldif;&SnfholwdkY rjzpfMuukefvifh? yk³/₄KdvfwdkYü
Eldif;&Snfhrlukd r,lMuukefvifh? tmeE´m
yk³/₄KdvfwdkYü Eldif;&Snfhrlukd ,lolonf
(rdrdukd,fukd) wl;NzKdonf rnf\? tmeE´m
igaomfvnf;aumif;? igESifh wlolaomfvnf;aumif;
yk³/₄KdvfwdkYü Eldif;&Snfhrlukd ,l&mV tmeE´m
rd*omvmOygodumronf tb,f (trsKd;tpm;) enf;?
rkdufaom rvdr®maom rdef;rom jzpf\? rdef;rÓPfom
&Sd\? a,mufsm;yk³/₄KdvfwdkY\ £a`E´tEkt&ifhukd
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twm;tgD;r&Sdukefaom jrwpfGmbk&m;wdkYonf) tb,f
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jynfhphKjim;tHh? pt&mü £od'wåonf yk&mP\
ÓPftvm;ukd ykdif;jcm;í rod&m? tmeE´m podkYvQif
pyk³/₄KdvfESpfa,mufwdkYonf
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yíörökwf/

6-wa,m"r®okwf

76/ &[ef;wdkY pw&m;oHk;rsKd;wdkYonf avmuü
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w&m;wdkYukd) ukd,fwkdifrSefpGm odawmfrlaom
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y,f&ef rxkduf/ tb,foHk;rsKd;wdkYenf;[lrl- &m*? a'go?
arm[wdkYwnf;/ &[ef;wdkY pw&m;oHk;rsKd;wdkYukd
ry,fbj y#doaE"aejcif;ukd y,f&ef tkdjcif;ukd y,f&ef
aojcif;ukd y,f&ef rxkduf/ (1)

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tmoa0gw&m;wdkY\ ukefjCIF;udk 0efcHygV (5 -10)

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'orokwf/

av;ckajrmuf ax&0*f NyD;V

(10) 5 - Oygvd0*f 1- umrabm*Dokwf

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9-ykAA*Frokwf

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4-pwkw→okwf

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6-q|okwf

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8-t|rokwf

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9-e0rokwf

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10-'orokwf

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4-tw-okwf

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6-omo0okwf

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raumif;rludk ESifxkwfjci;um; wpfrsKd;jzpf\?
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(avQmuf\)/

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